# Predictive models of fecal microbial biomarkers for obesity trajectories in preschool children

Mentor: Prof., Dr. Anita Kozyrskyj | Mentee: Xin (David) Zhao





# **Facts and innovation**

- 1. Children in Canada were often referred to the weight management services as late as teen or tween.
- Predictive model: see invisible signs
- 2. Existing models mostly predict the static status of obesity at single time point.
- BMI trajectory: age-of-onset, intensity, duration
- 3. Data availability increases of (infant) gut microbiota.
- Fecal biomarkers: diagnosis and therapeutics

Can fecal microbial features improve the prediction of childhood BMI trajectory?





**Precision Medicine** 

Outcome variable



# high-risk\*= Early onset and sustained obesity trajectory



low 0-65%; medium 65-85%; high 85-100% posterior probability

## Covariables associated with the high-risk group



### Sample size (stool samples at 3 months)

# $\sum = 2450$ stool samples (507 repeat measurements) = 1625 SyMBIOTA + 825 Turvey



12/6/2022

## Stool samples were collected at 3 months of age



Merge OTU tables from two labs-1



Merge OTU tables from two labs-2



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Merge OTU tables from two labs-3



### Pipeline for machine learning modeling



### Feature selection

#### Feature selection was performed on the train set.

- Filter method (univariate association)
- o pros: features importance (eg. effect size)
- o cons: subjective determination of threshold (features number)

#### • Wrapper method (Recursive feature elimination, RFE)

- o pros: optimal feature number and combination
- cons: algorithm-dependent



#### Filter method

#### Genus taxonomy [effect size] cut-off p<0.05g\_Oscillospira [0.08] $\checkmark$ g\_Blautia [0.07] $\checkmark$ f\_Rikenellaceae.g\_[0.07] $\checkmark$ g\_Haemophilus [0.06] $\checkmark$ g\_Phascolarctobacterium [0.06] $\checkmark$ g\_Parabacteroides [0.04] g\_Staphylococcus [0.04]



#### Feature number: 4-6 (out of 42), depending on algorithms

Regularized logistic regression model-dependent

### Menu of predictive models: Internal validation

#### Train set (75%)

Model <sup>1</sup>	Model compartments						
	~microbe <sup>3</sup>	~microbe + lab	~microbe + city	~microbe + gender	~microbe + lab + city + gender		
RegLog	0.68 (0.62, 0.74)	0.70 (0.66, 0.73)	0.70 (0.64, 0.76)	0.69 (0.62, 0.75)	0.69 (0.62, 0.76)		
GLM	0.68 (0.63, 0.73)	0.68 (0.63, 0.72)	0.69 (0.63, 0.74)	0.68 (0.62, 0.74)	0.69 (0.64, 0.73)		
Random Forest	0.58 (0.50, 0.64)	0.62 (0.58, 0.65)	0.62 (0.55, 0.67)	0.61 (0.53, 0.69)	0.62 (0.53, 0.67)		
XGBoost	0.63 (0.56, 0.70)	0.64 (0.58, 0.69)	0.67 (0.61, 0.73)	0.65 (0.60, 0.70)	0.65 (0.59, 0.70)		
GLMM <sup>2</sup>	0.80 (0.77, 0.83)	0.78 (0.76, 0.80)	0.80 (0.77, 0.82)	0.81 (0.78, 0.84)	0.81 (0.78, 0.84)		

<sup>1</sup>The experimental unit for the models, RegLog, GLM, RF and XGBoost was observations (i.e., stool samples); whereas the experimental unit was infants for the GLMM model.

<sup>2</sup>GLMM: generalized linear mixed model. In GLMM, participants are the experimental unit. Lab, city, and participants identify served as (crossed) random-effect variables while the infant gender and genera abundance as fixed-effect variables in the model.

<sup>3</sup>Microbe predictors used in all the models consist of f\_*Rikenellaceae.g\_*, g\_*Blautia*, g\_*Oscillospira*, g\_*Haemophilus*, and g\_*Phascolarctobacterium*.

### Menu of predictive models: External validation

#### **Test set (25%)**

Model <sup>L</sup>	Model compartments						
	~microbe <sup>3</sup>	~microbe + lab	~microbe + city	~microbe + gender	~microbe + lab + city + gender		
RegLog	0.69 (0.59, 0.79)	0.67 (0.56, 0.77)	0.70 (0.59, 0.80)	0.66 (0.55, 0.77)	0.68 (0.57, 0.78)		
GLM	0.70 (0.60, 0.78)	0.69 (0.58, 0.78)	0.69 (0.58, 0.78)	0.68 (0.57, 0.78)	0.67 (0.55, 0.77)		
Random Forest	0.55 (0.43, 0.67)	0.56 (0.43, 0.68)	0.57 (0.44, 0.69)	0.59 (0.45, 0.70)	0.63 (0.51, 0.76)		
XGBoost	0.59 (0.44, 0.72)	0.63 (0.49, 0.75)	0.61 (0.48, 0.74)	0.65 (0.50, 0.77)	0.68 (0.55, 0.80)		
GLMM <sup>2</sup>	0.82 (0.70, 0.92)	0.75 (0.63, 0.85)	0.82 (0.68, 0.92)	0.84 (0.70, 0.94)	0.84 (0.70, 0.94)		

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## Interpretation and biomarkers



GLMM base model: AUC 0.82 (0.70, 0.92) on test set



Existing microbiota-based ML models

Outcome	Predictor	AUC-ROC	Algorithm	Sample size	Region of cohort	Year of publication
obesity status	16S-DNA seq of gut microbiota	0.88	regularized logistical regression	101 adult female twins	US	2010
obesity status	functional genes of gut microbiota	0.78	unknown	265 adults	Denmark	2013
obesity status	16S-DNA seq of gut microbiota	0.51-0.65 (CV-AUC)	random forest	varying with datasets	varying with datasets	2016
obesity status	16S rDNA seq gut of microbiota	0.60 (CV-AUC)	random forest, SVM etc.	319 adults	US	2017
obesity status	pathway module of gut microbiota	0.70-0.80 (CV-AUC)	random forest, SVM etc.	136 adults	US	2017
obesity status	16S rDNA seq gut of microbiota	0.70	random forest	212 newborns	Finland	2020



Take-home message

- Models containing microbial features can predict obesity trajectories for preschoolers with good performance (AUC 0.82).
- Machine learning models have identified robust fecal biomarkers for the obesity trajectory.
- Microbiome-based ML models we built may be interpretable.